

Anjoman

The Bulletin of the Alpine Club of Iran

No.6, December 2002

Editor: Abbas Mohammadi

In this issue:

- * Editorial: about the mountaineering hazards, and the responsibility of one's companions and/or one's club.
- * The Report of the Board of Directors.
- * Winter Climb on Chapakro - Vararu Crest (in the Central Alborz), by: Hamid Yaghoubi.
- * Mountains of Markazi Province, by: Mohammad Raoofi.
- * How High Are Mountains! An article which is written on the occasion of the International Year of Mountains, by: Abbas Mohammadi.
- * Acclimatization, by: Dr. Najafi & Dr. Yousefi.
- * The Mythical Concept of Mountains, by: Farzam Ejlali.
- * ...
- * Lar Valley In History, by: Davoud Mohammadi.

Lar valley, lying between Mt. Damavand in the east, and Garmabdar village (and valley) in the west, is a nature reservation (recently: a national park) with a history full of events. There are ancient roads in Lar which join the important region of Larjan (between the northern and the southern sides of the Alborz chain) to Tehran. Lar has a cool weather even in the summer, and so was an ideal resort for those who fled from cholera and some other diseases. It was also a good hunting-ground for the nobles, military commanders, and other countries' ambassadors to Iran.

Davoud Mohammadi cites from memories of Itemad-Al-Saltanah (a minister of: Nasir-Al-Din Shah) that they had seen the ruins of a palace in 1881; there had been "excellent tiles ornamented by gold, and artistic plaster works under a hill which seemed natural at first" tells Itemad-Al-Saltanah. Today there is no sign of that "palace", but some stone constructions and old grave stones can be seen, in some parts of Lar that deserve precise